

## Fear

From Genesis 12:10-20: 8 Principles of Fear.

Principle 1: Fear driven people often rely on half truths.

Principle 2: Fear easily leads to unloving applications.

Principle 3: Fear is inherently self-centered and is often manifested in a lack of love and concern for anyone else.

Principle 4: Fear has its eyes on people and circumstances rather than on the Lord.

Principle 5: Fearful people look for human ways to deliver themselves.

Principle 6: Half truths will seem to work-to a point.

Principle 7: Beware of other people driven by fear.

Principle 8: Learn to recognize and conquer fear for it is costly-even for Believers. Gen 15:1

- 1.\* Satan's most powerful weapon is the fear of death (separation). Heb 2:15 (this can also be our greatest benefit if we stop believing the lie. Fear makes man believe the worst and look for it.)
  - A. Physical death, the separation of body and soul.
  - B. Spiritual death, the separation from God.
  - C. Sexual death (Rom 4:19), the separation from the ability to have sex.
  
- 2.\* Fear is Facing Experiences Absent (of) Relationship (with God). (False Evidence Appearing Real)
  - A.\* Wikipedia: Fear is an emotional response to threats and danger. It is a basic survival mechanism occurring in response to a specific stimulus, such as pain or the threat of pain. Fear should be distinguished from the related emotional state of anxiety, which typically occurs without any external threat. Additionally, fear is related to the specific behaviors of escape and avoidance, whereas anxiety is the result of threats which are perceived to be uncontrollable or unavoidable. Worth noting is that fear always relates to future events, such as worsening of a situation, or continuation of a situation that is unacceptable.
  - B.\* Fear is an emotion that lies at the innermost recesses of our soul. It is the result of Adam's Original Sin. Gen 3:10 (someone said there are 365 "fear not's" in the Bible, actually only 296.)
    1. As an emotion it is not inherently bad because "the fear of the Lord is the beginning of knowledge; fools despise wisdom and instruction." Prv 1:7
    2. Fear excludes God, so the "fear of God" comes from realizing that one has or might attempt to exclude Him from your life.

3. The primary action of sinful fear is to hide. Gen 3:10
  4. Sanctuary from fear is a driving factor in our lives.
  5. Fear is an emotion that tells us there is a lack of something in our life, namely importance or sanctuary. We must then decide what we will seek to fill the void. Jer 29:13 'You will seek Me and find Me when you search for Me with all your heart.
  - 6.\* Harmful fear motivates people toward human strongholds to replace the significance and security lost by Adam. When objectives are blocked the result is anger. Luke 6:1-11 (Jesus attacked for healing a man. If you are afraid of criticism you will not do anything.)
  - 7.\* The distinguishing factor in whether or not the fear is beneficial or harmful is whether or not what we choose to alleviate the fear takes us closer to God or farther away from Him. (A quitter is not as bad as one who never tries. That person is a coward. A coward dies many deaths, the brave one just dies once.)
- C.\* Sinful fear is a result of a lack of faith that comes from a lack of relationship with the Lord and results in a lack of peace. 1 John 4:18-19
- There is no fear in love; but perfect love casts out fear, because fear involves punishment, and the one who fears is not perfected in love. 19 We love, because He first loved us.
- D.\* Fear, whether healthy or not, is identified by a lack of rest. Heb 4:1 ("Rest" is "peace" that is extended into life's events.)
1. We are in a nation that has forgotten what to do about fear.  
Fear that we cannot make it without the government's help and that others are responsible for our well-being. We must learn to deal with the innermost recesses of our soul. Real change comes from the Inside-Out. Let God do the surgery. Heb 4:12 How many surgical scars will you have when you stand before the Lord? How much of yourself will be given to God?
  2. Are you afraid of exposing the fears of your soul? They are already laid bare before God. Heb 4:13
  3. If you will permit Him, God the Holy Spirit will reveal underlying fears to you and by His power you can be healed. John 16:13
  4. Realizing that fear exists in our life and dealing with it in Truth by the Holy Spirit will set you free. John 8:32; 16:13
- 3.\* The conquering of fear comes from Facing Experiences Allied (in Relationship (with God)). (Instead of False Evidence Appearing Real, Face Every Appearance Realistically. Over 90% of the things we fear

never happen. You can control your actions regardless of your feelings. You eventually conquer fear when you keep doing the right thing.)

**A.\* Face the reality of our fallen nature. Gen 3:10 (Face Reality)**

1. **Confess the sin of fear. 1 Cor 2:3; 2 Cor 7:5; 2 Cor 12**
2. **Arrogance shuts out beneficial fear and counterfeits courage and maturity. Rom 11:20 cf 1 Tim 4:1-2 (Fear is often the result of ignorance).**

**B.\* Extend thinking to include God. Gen 15:1 (Extend Humbly)**

(Fear is often a result of ignorance. Choosing to be ignorant of God is just another form of arrogance that says He is not worthy knowing, even though His Word is a written invitation.)

**C.\* Accept His Promises. (Ally Honestly) Psa 56:3**

(There are truly no “hopeless” situations where good cannot be accomplished, only people who have grown hopeless about the situation.)

When I am afraid, I will put my trust in You.

1. **Spiritual Love is the only solution to harmful fear.  
1 John 4:15-19**

15 whoever confesses that Jesus is the Son of God, God abides in him, and he in God. 16 We have come to know and have believed the love which God has for us. God is love, and the one who abides in love abides in God, and God abides in him. 17 By this, love is perfected with us, so that we may have confidence in the day of judgment; because as He is, so also are we in this world. 18 There is no fear in love; but perfect love casts out fear, because fear involves punishment, and the one who fears is not perfected in love.

19 We love, because He first loved us.

2. **Only one Person can grant Spiritual love and that is the Holy Spirit. Gal 5:22-24**

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law. 24 Now those who belong to Christ Jesus have crucified the flesh with its passions and desires.

- a. **Personal willingness is required to let Him accomplish this work. Php 2:12-16**

So then, my beloved, just as you have always obeyed, not as in my presence only, but now much more in my absence, work out your salvation with fear and trembling; 13 for it is God who is at work in you, both to will and to work for His good pleasure. 14 Do all things without grumbling or disputing; 15 so that you will prove yourselves to be blameless and innocent, children of God above reproach in the midst of a crooked and perverse generation, among whom you appear as lights in the world, 16 holding fast the word of life, so that in the day of Christ I will have reason to glory because I did not run in vain nor toil in vain.

**b. His desire is your fulfillment of the Two Greatest Commandments. Mark 12:29-31**

**D.\* Refocus onto spiritual reality. (Rely Constantly). Psalms 56:4**

In God, whose word I praise, In God I have put my trust; I shall not be afraid. What can mere man do to me?

1. **It is time to put away childish things and be led by the Holy Spirit and thus walk in liberty. 1 Cor 13:11; Gal 5:18 Learn to live.** (Harmful fears are usually developed as a child as one learns to cope.)
2. **Spiritual Reality is found in the Word of God. Psalm 56**

1 Be gracious to me, O God, for man has trampled upon me; Fighting all day long he oppresses me. 2 My foes have trampled upon me all day long, For they are many who fight proudly against me. 3 When I am afraid, I will put my trust in You. 4 In God, whose word I praise, In God I have put my trust; I shall not be afraid. What can mere man do to me? 5 All day long they distort my words; All their thoughts are against me for evil. 6 They attack, they lurk, They watch my steps, As they have waited to take my life. 7 Because of wickedness, cast them forth, In anger put down the peoples, O God! 8 You have taken account of my wanderings; Put my tears in Your bottle. Are they not in Your book? 9 Then my enemies will turn back in the day when I call; This I know, that God is for me. 10 In God, whose word I praise, In the Lord, whose word I praise, 11 In God I have put my trust, I shall not be afraid. What can man do to me? 12 Your vows are binding upon me, O God; I will render thank offerings to You. 13 For You have delivered my soul from death, Indeed my feet from stumbling, So that I may walk before God In the light of the living.

**4.\* It is a time for fearless trust in God. Psalm 27**

Courage is fear that has said its prayers. Mark Twain. Courage is the resistance to fear and the mastery of it, not the absence of it. Chester W. Nimitz: God grant me the courage to change the things I can change; the serenity to accept those I cannot change; the wisdom to know the difference-but may God also grant me the courage not to give up what I think is right even though I may think it hopeless.

**Psalm 27**

- 1 The Lord is my light and my salvation; Whom shall I fear? The Lord is the defense of my life; Whom shall I dread?
- 2 When evildoers came upon me to devour my flesh, My adversaries and my enemies, they stumbled and fell.
- 3 Though a host encamp against me, My heart will not fear; Though war arise against me, In spite of this I shall be confident.
- 4 One thing I have asked from the Lord, that I shall seek: That I may dwell in the house of the Lord all the days of my life, To behold the beauty of the Lord And to meditate in His temple.
- 5 For in the day of trouble He will conceal me in His tabernacle; In the secret place of His tent He will hide me; He will lift me up on a rock.

- 6 And now my head will be lifted up above my enemies around me, And I will offer in His tent sacrifices with shouts of joy; I will sing, yes, I will sing praises to the Lord.
- 7 Hear, O Lord, when I cry with my voice, And be gracious to me and answer me.
- 8 When You said, "Seek My face," my heart said to You, "Your face, O Lord, I shall seek."
- 9 Do not hide Your face from me, Do not turn Your servant away in anger; You have been my help; Do not abandon me nor forsake me, O God of my salvation!
- 10 For my father and my mother have forsaken me, But the Lord will take me up.
- 11 Teach me Your way, O Lord, And lead me in a level path Because of my foes.
- 12 Do not deliver me over to the desire of my adversaries, For false witnesses have risen against me, And such as breathe out violence.
- 13 I would have despaired unless I had believed that I would see the goodness of the Lord In the land of the living.
- 14 Wait for the Lord; Be strong and let your heart take courage; Yes, wait for the Lord.

##### **5. Faith, Hope, Love and Fear. A Matter of Focus.**

**Zen** is a school of [Mahāyāna Buddhism](#), translated from the Chinese word **Chán**. *Chán* is itself derived from the Sanskrit [Dhyāna](#), which means "meditation" ([see etymology below](#)). Zen emphasizes [experiential Prajñā](#)—particularly as realized in the form of [meditation](#) known as [zazen](#)—in the attainment of [awakening](#), often simply called the path of enlightenment. As such, it de-emphasizes both [theoretical knowledge](#) and the study of [religious texts](#) in favor of direct, experiential realization through [meditation](#) and [dharma](#) practice. The establishment of Zen is traditionally credited to be in China, the Shaolin temple, by the [Southern Indian Pallava prince-turned-monk Bodhidharma](#), who is recorded as having come to China to teach a "special transmission outside scriptures" which "did not stand upon words." Zen has been given credit for being in a "zone" thanks to Tiger Woods and other sports figures. It is actually referring to an active concentration beyond the normal level. It is the God-given human ability to focus our attention and exclude all else, such as watching an OU football game and not realizing the house is on fire. It can be good or bad, not the Zen but the concentration. Fear is concentration. The degree of fear dictates the level of concentration. To fear God, one must concentrate.

(Remove fear, put in a closer walk with God. Deal with the hurt and heal. Some people even become afraid of recovery from a problem. The misery has become so familiar. Fear makes man believe the worst. Courage is not the absence of fear but the mastery of it. Caution is used when we are afraid. Cowardice is when the other guy is afraid.)

- A. **Without Faith in the right Person (John 3:16), Hope grounded in His plans (Heb 6:19) and Love because of what He has done (1 John 4:19), the only possible results are blind arrogance or unhealthy fear.**
1. **Only blind arrogance would think there is no one worthy to trust, align with or live like and claim there is nothing to fear. Matt 10:28**  
 "Do not fear those who kill the body but are unable to kill the soul; but rather fear Him who is able to destroy both soul and body in hell.
  2. **Unhealthy fear is life without faith, hope and love. Matt 10:29-31**  
 "Are not two sparrows sold for a cent? And yet not one of them will fall to the ground apart from your Father. 30 "But the very hairs of your head are all numbered. 31 "So do not fear; you are more valuable than many sparrows.
- B. **Without Faith there is no Direction to life and the result is Insecurity of soul. 1 Thes 3:1-4** (Chesterton: an adventure is an inconvenience rightly considered. An inconvenience is only an adventure wrongly considered.)  
 Therefore when we could endure it no longer, we thought it best to be left behind at Athens alone, 2 and we sent Timothy, our brother and God's fellow worker in the gospel of Christ, to strengthen and encourage you as to your faith, 3 so that no one would be disturbed by these afflictions; for you yourselves know that we have been destined for this. 4 For indeed when we were with you, we kept telling you in advance that we were going to suffer affliction; and so it came to pass, as you know.
1. **The solution is to Look Up, where Christ is seated and Embrace His Word. Col 3:1-2** Therefore if you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. 2 Set your mind on the things above, not on the things that are on earth. 1 **Pet 2:1-3** Therefore, putting aside all malice and all deceit and hypocrisy and envy and all slander, 2 like newborn babies, long for the pure milk of the word, so that by it you may grow in respect to salvation, 3 if you have tasted the kindness of the Lord.
  2. **This result is Direction to one's life and eventuates in Assurance in the soul. Heb 11:1**  
 Now faith is the assurance of things hoped for, the conviction of things not seen.
  3. **Healthy fear is concerned about not embracing His Word. Heb 4:1** (Augustine: While the best men are well guided by love, most are still goaded by fear.)

Therefore, let us fear if, while a promise remains of entering His rest, any one of you may seem to have come short of it.

**C. Without Hope there is no Vision and the result is Instability of soul. Eph 4:14-16** (There are no hopeless situations, only people who have grown hopeless.)

As a result, we are no longer to be children, tossed here and there by waves and carried about by every wind of doctrine, by the trickery of men, by craftiness in deceitful scheming; 15 but speaking the truth in love, we are to grow up in all aspects into Him who is the head, even Christ, 16 from whom the whole body, being fitted and held together by what every joint supplies, according to the proper working of each individual part, causes the growth of the body for the building up of itself in love.

**1. The solution is to Look Out to Do His Word. James 1:22-25** (If you are afraid of criticism you will never do anything.)

But prove yourselves doers of the word, and not merely hearers who delude themselves. 23 For if anyone is a hearer of the word and not a doer, he is like a man who looks at his natural face in a mirror; 24 for once he has looked at himself and gone away, he has immediately forgotten what kind of person he was. 25 But one who looks intently at the perfect law, the law of liberty, and abides by it, not having become a forgetful hearer but an effectual doer, this man will be blessed in what he does.

**2. This result is a long-term perspective to life and thus Vision that will lead to Stability. Heb 12:1-3**

Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, 2 fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. 3 For consider Him who has endured such hostility by sinners against Himself, so that you will not grow weary and lose heart.

**3. Healthy fear is concerned with not doing the Word by failing to enter into His presence. Heb 6:17-20**

In the same way God, desiring even more to show to the heirs of the promise the unchangeableness of His purpose, interposed with an oath, 18 so that by two unchangeable things in which it is impossible for God to lie, we who have taken refuge would have strong encouragement to take hold of the hope set before us. 19 This hope we have as an anchor of the soul, a hope both sure and steadfast and one

which enters within the veil, 20 where Jesus has entered as a forerunner for us, having become a high priest forever according to the order of Melchizedek.

**D. Without Love there is just Existence and the result is Emptiness of soul.** (This results in having Goals that are not driven by Spiritual Love for God and one another.)

1. **The solution is to Look In to Live His Word.** Eph 3:14-17a For this reason I bow my knees before the Father, 15 from whom every family in heaven and on earth derives its name, 16 that He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit in the inner man, 17 so that Christ may dwell in your hearts through faith;

2. **The result is an Abundant Life that is Filled with all the fullness of God.** Eph 3:17b-19 and that you, being rooted and grounded in love, 18 may be able to comprehend with all the saints what is the breadth and length and height and depth, 19 and to know the love of Christ which surpasses knowledge, that you may be filled up to all the fullness of God.

3. **Healthy fear is concerned with not taking hold of the life to which we have been called.** 1 Tim 6:12

Fight the good fight of faith; take hold of the eternal life to which you were called, and you made the good confession in the presence of many witnesses.

**E. Faith builds Hope which is lived in Love. Love maintains Hope that builds Faith.**

**F. By faith, we are to step into the Presence of the Lord.** Heb 10:19-25 (The only thing worse than a quitter is one who is afraid to begin. How to enter? Focus. Clear the mind of the world. Think about His word. Sing praise to Him. Just you and Him.)

Therefore, brethren, since we have confidence to enter the holy place by the blood of Jesus, 20 by a new and living way which He inaugurated for us through the veil, that is, His flesh, 21 and since we have a great priest over the house of God, 22 let us draw near with a sincere heart in full assurance of faith, having our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. 23 Let us hold fast the confession of our hope without wavering, for He who promised is faithful; 24 and let us consider how to stimulate one another to love and good deeds, 25 not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more as you see the day drawing near.

6. **Fear, Faith, Hope, Love and Peace.**

A. **Without Faith in the right Person (John 3:16), Hope grounded in His plans (Heb 6:19) and Love because of what He has done (1 John 4:19), the only possible results are blind arrogance or unhealthy fear.**

B. **Fear must be defeated for Peace to exist. John 20:19-21 (Arrogance is another form of fear. Fear of letting Jesus rule our life means we will try to rule it ourselves. Face Reality of Sin Nature, Expand thinking to include God, Accept His Promises, Refocus onto spiritual reality.)**

So when it was evening on that day, the first day of the week, and when the doors were shut where the disciples were, for fear of the Jews, Jesus came and stood in their midst and said to them, "Peace be with you." 20 And when He had said this, He showed them both His hands and His side. The disciples then rejoiced when they saw the Lord. 21 So Jesus said to them again, " Peace be with you; as the Father has sent Me, I also send you."

1. **Peace means an end of hostilities.**

2. **It then means tranquility of soul.**

(Have Peace or go to Pieces?)

C. **True Peace is grounded in Righteousness. Psa 85:10**

Lovingkindness and truth have met together; Righteousness and peace have kissed each other.

1. **Of necessity, Peace must be preceded by Grace.**

1 Cor 1:2 et al

2. **Therefore, appreciation of God's Grace directly relates to one's Peace of Soul.** (Normally we fight for peace and work for leisure.)

3. **It is at the heart of the Gospel. Eph 6:14-15**

Stand firm therefore, having girded your loins with truth, and having put on the breastplate of righteousness, 15 and having shod your feet with the preparation of the gospel of **peace**;

D. **True Peace begins and ends with Jesus Christ Himself, who won the victory over sin to make Peace with God available. Eph 2:14-18 (No more hostilities. Need a Peace Conference with the Prince of Peace.)**

For He Himself is our peace, who made both groups into one, and broke down the barrier of the dividing wall, 15 by abolishing in His flesh the enmity, which is the Law of commandments contained in ordinances, that in Himself He might make the two into one new man, thus establishing peace, 16 and might reconcile them both in one body to God through the cross, by it having put to death the enmity. 17 And He came and preached peace to you who were far away, and peace to those who were near; 18 for through Him we both have our access in one Spirit to the Father.

1. **It starts with Faith. Rom 5:1-5**

**(Peace of mind is directly related to Degree of Faith)**

Therefore, having been justified by **faith**, we have **peace** with God through our Lord Jesus Christ, 2 through whom also we have obtained our introduction by **faith** into this grace in which we stand; and we exult in **hope** of the glory of God. 3 And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; 4 and perseverance, proven character; and proven character, **hope**; 5 and **hope** does not disappoint, because the **love** of God has been poured out within our hearts through the Holy Spirit who was given to us.

**2. It is filled by Hope. Rom 15:13**

Now may the God of **hope** fill you with all joy and **peace** in believing, so that you will abound in hope by the power of the Holy Spirit.

**3. It is lived in love. Eph 4:1-3**

I, therefore, the prisoner of the Lord, entreat you to walk in a manner worthy of the calling with which you have been called, 2 with all humility and gentleness, with patience, showing forbearance to one another in **love**, 3 being diligent to preserve the unity of the Spirit in the bond of **peace**.

**D. Peace of Soul is a fruit of the Spirit. Gal 5:22-23**

But the fruit of the Spirit is **love**, joy, **peace**, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law.

**1. It is God's desire for us. Eph 6:23**

**Peace** be to the brethren, and **love** with **faith**, from God the Father and the Lord Jesus Christ.

**2. It requires trusting Him with everything in life. Phil 4:4-8**

(Where you are not trusting God's promises peace does not exist.) Rejoice in the Lord always; again I will say, rejoice! 5 Let your forbearing spirit be known to all men. The Lord is near. 6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the **peace** of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ Jesus. 8 Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, let your mind dwell on these things.

**3. It requires submission to Christ's rulership. Col 3:12-17**

And so, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience; 13 bearing with one another, and forgiving each other, whoever has a complaint against anyone; just as the Lord forgave you, so also should you. 14 And beyond all these things put on **love**, which is the perfect bond of unity. 15 And let the **peace** of

Christ rule in your hearts, to which indeed you were called in one body; and be thankful. 16 Let the word of Christ richly dwell within you, with all wisdom teaching and admonishing one another with psalms and hymns and spiritual songs, singing with thankfulness in your hearts to God. 17 And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks through Him to God the Father.

**4. It is the message of our Ambassadorship. 2 Cor 5:18-21**  
(Hard to make peace if you don't have it.)

**E. We should ask this for one another. 2 Thes 3:16**

(Thomas a Kempis: We would have much peace if we would not busy ourselves with the sayings and doings of others.)

Now may the Lord of **peace** Himself continually grant you **peace** in every circumstance. The Lord be with you all!

**F. Our compliance carries a promise. 2 Cor 13:11**

Finally, brethren, rejoice, be made complete, be comforted, be like-minded, live in **peace**; and the God of **love** and **peace** will be with you.

### Appendix:

1. **Types of death that have beneficial fears:**
  - A. **Second Death, where one is separated from God forever. Rev 2:11; 20:11-15**
  - B. **Temporal Death, where one is separated from fellowship with God in time. Luke 15:24,32; Rom 7:9-11; 8:6,10,13a; 1 Tim 5:6; Jas 1:14,15. Solution: Arise. 1 Tim 5:14**
  - C. **Operational Death, which is separation from the production of fruit. Jas 2:26; Jude 12 cf Jas 2:14-17 cf Jas 1:23**
  - D. **Positional Death, which is separation from self-serving objectives. 2 Tim 2:11; Rom 6:3; Col 3:3; Eph 1:3-6; 2:4-7; Col 3:1-2; 1 Cor 15:31; 2 Cor 4:10; 1 Pet 2:24**
  - E. **Experiential Death, which is separation from deeds of the flesh. Rom 8:13b; Rom 6:6; Col 2:20; Gal 5:24**
  
2. **If your harmful fears were removed:**
  - A. **Would you not be willing to love?**
  - B. **Would you not have Joy?**
  - C. **Would you not have Peace of soul?**
  - D. **Would you be Patient if you were not afraid of God's control?**
  - E. **Would you be Kind if you were not afraid of being hurt?**
  - F. **Would you display Goodness if you were not afraid of being taken advantage of?**
  - G. **Would you be Faithful if you were not afraid of being hurt by someone who might be unfaithful to you?**
  - H. **Would you be Gentle if your were not afraid of being seen as a weakling?**

- I. Would you have Self-Control if you were not afraid of losing your freedom?
3. Types of Fear that are bondage to the Sin Nature:
- A. Not trusting in the promises of God. Heb 4:1
  - B. No reverence toward God. Rom 3:18; Acts 9:31; Heb 10:26
  - C. Not advancing in the Christian Life. Php 2:12
  - D. Not positively responding to God's miracles. Luke 5:17-26;
  - E. Fear of the Pharisees. Matt 10:26
  - F. Fear of man. Luke 12:1-7
  - G. Of God's voice. Matt 17:7 (looking at His word instead of into)
  - H. That Jesus was not resurrected. Matt 28:5,10
  - I. Of divine revelation. Luke 1:13
  - J. Of being in the presence of the Lord. Luke 5:10
  - K. That God is too weak to handle your problems. Luke 8:50
  - L. Over issues of food, shelter, clothing. Luke 12:22-34
  - M. Of God's Plan. John 12:15 (may not be yours)
  - N. That shuts down God's message from your lips. Acts 18:9
  - O. Of dangers in your life. Acts 27:24
  - P. Of suffering for Christ. Rev 2:10; Jas 1:2
  - Q. Of your "world" being dismantled. Matt 26:69-75
  - R. Of a loved one leaving. John 14:1
  - S. Of looking into God's Word for instruction. Jas 1:22-23; John 7:17
  - T. Fear of change when security is in keeping the Law. Galatians
  - U. Fear of freedom. Gal 5:1
  - V. What others will think of you being a Christian. 1 Pet 3:14
  - W. Of loss of power and control and thus significance and identity. Mark 15:10
  - X. Of the change required to be conformed to the "image of Christ." Gal 4:19
  - Y. Of loss of control. John 11:47-53
  - Z. Of walking by faith and not by sight. 2 Cor 5:7
  - A1. To love others because they could inflict pain. Jas 2:8
  - B1. Of surrender to the Holy Spirit.
  - C1. Of emotions. Rom 12:15
  - D1. Of the unknown. 1 Pet 4:12
  - E1. Of failure. Luke 22:31-32
  - F1. Of rejection. 1 Pet 2:4
  - G1. Of weakness. 2 Cor 11:30; 12:5,8-9
  - H1. That God won't grant your desires. Jas 4:3-4
  - I1. Life itself. 1 Tim 6:12
  - J1. Harm. 2 Cor 11:23-27
  - K1. Exposure. Gen 3:10
  - L1. Evil. Psa 23
  - M1. Missing things of life. Luke 18:18-23

- N1. Of humility. 1 Pet 5:6-7
3. Types of beneficial fear. (bondage to Christ)
- A. It is beneficial to be constantly respectful of the Lord's amazing power. Acts 2:43; 5:5,11; 19:17
  - B. Of consequences of disobedience. Rom 13:3,7
  - C. Realization of standing in front of the Lord. 2 Cor 5:11; 1 Pet 1:17
  - D. Seeing the importance of building relationships. Eph 5:21
  - E. Seeing the importance of maturing in holiness before God. 2 Cor 7:1
  - F. That results from "godly" sorrow. 2 Cor 7:11,15
  - G. Respect for authorities. Eph 6:5; 1 Pet 2:18; 3:2
  - H. Of sin. 1 Tim 5:20
  - I. Of what others may lose for failure to "sanctify Christ in their heart." 1 Pet 3:15; Jude 23
  - J. Of being led astray by Satan. 2 Cor 11:3
  - K. Realization that God is at work. Matt 1:20 (Joseph); Luke 1:30 (Mary); 2:10 (Shepherds)
  - L. of the power of Jesus Christ. Matt 14:27; John 6:20
  - M. Of failing to judge ourselves rightly. 1 Cor 11:27-31
  - N. Of lack of sacrifice. Heb 13:15-17

4. Lists of Fears:

A-

- Ablutophobia-** Fear of washing or bathing.
- Acarophobia-** Fear of itching or of the insects that cause itching.
- Acerophobia-** Fear of sourness.
- Achluophobia-** Fear of darkness.
- Acousticophobia-** Fear of noise.
- Acrophobia-** Fear of heights.
- Aerophobia-** Fear of drafts, air swallowing, or airbourne noxious substances.
- Aeroacrophobia-** Fear of open high places.
- Aeronausiphobia-** Fear of vomiting secondary to airsickness.
- Agateophobia-** Fear of insanity.
- Agliophobia-** Fear of pain.
- Agoraphobia-** Fear of open spaces or of being in crowded, public places like markets. Fear of leaving a safe place.
- Agraphobia-** Fear of sexual abuse.
- Agrizoophobia-** Fear of wild animals.
- Agyrophobia-** Fear of streets or crossing the street.
- Aichmophobia-** Fear of needles or pointed objects.
- Ailurophobia-** Fear of cats.
- Albuminurophobia-** Fear of kidney disease.
- Alektorophobia-** Fear of chickens.

**Algophobia-** Fear of pain.  
**Alliumphobia-** Fear of garlic.  
**Allodoxaphobia-** Fear of opinions.  
**Altophobia-** Fear of heights.  
**Amathophobia-** Fear of dust.  
**Amaxophobia-** Fear of riding in a car.  
**Ambulophobia-** Fear of walking.  
**Amnesiphobia-** Fear of amnesia.  
**Amychophobia-** Fear of scratches or being scratched.  
**Anablephobia-** Fear of looking up.  
**Ancraophobia-** Fear of wind. (Anemophobia)  
**Androphobia-** Fear of men.  
**Anemophobia-** Fear of air drafts or wind.(Ancraophobia)  
**Anginophobia-** Fear of angina, choking or narrowness.  
**Anglophobia-** Fear of England or English culture, etc.  
**Angrophobia -** Fear of anger or of becoming angry.  
**Ankylophobia-** Fear of immobility of a joint.  
**Anthrophobia or Anthophobia-** Fear of flowers.  
**Anthropophobia-** Fear of people or society.  
**Antlophobia-** Fear of floods.  
**Anuptaphobia-** Fear of staying single.  
**Apeirophobia-** Fear of infinity.  
**Aphenphosmophobia-** Fear of being touched. (Haphephobia)  
**Apiphobia-** Fear of bees.  
**Apotemnophobia-** Fear of persons with amputations.  
**Arachibutyrophobia-** Fear of peanut butter sticking to the roof of the mouth.  
**Arachnephobia or Arachnophobia-** Fear of spiders.  
**Arithmophobia-** Fear of numbers.  
**Arrhenophobia-** Fear of men.  
**Arsonphobia-** Fear of fire.  
**Asthenophobia-** Fear of fainting or weakness.  
**Astraphobia or Astrapophobia-** Fear of thunder and lightning.(Ceraunophobia, Keraunophobia)  
**Astrophobia-** Fear of stars or celestial space.  
**Asymmetriphobia-** Fear of asymmetrical things.  
**Ataxiophobia-** Fear of ataxia. (muscular incoordination)  
**Ataxophobia-** Fear of disorder or untidiness.  
**Atelophobia-** Fear of imperfection.  
**Atephobia-** Fear of ruin or ruins.  
**Athazagoraphobia-** Fear of being forgotten or ignored or forgetting.  
**Atomosophobia-** Fear of atomic explosions.  
**Atychiphobia-** Fear of failure.  
**Aulophobia-** Fear of flutes.  
**Aurophobia-** Fear of gold.  
**Auroraphobia-** Fear of Northern lights.  
**Autodysmophobia-** Fear of one that has a vile odor.  
**Automatonophobia-** Fear of ventriloquist's dummies, animatronic creatures, wax statues - anything that falsly represents a sentient being.  
**Automysophobia-** Fear of being dirty.

**Autophobia- Fear of being alone or of oneself.**  
**Aviophobia or Aviatophobia- Fear of flying.**

**B-**

**C-**

**Cacophobia- Fear of ugliness.**  
**Cainophobia or Cainotophobia- Fear of newness, novelty.**  
**Caligynephobia- Fear of beautiful women.**  
**Cancerophobia or Carcinophobia- Fear of cancer.**  
**Cardiophobia- Fear of the heart.**  
**Carnophobia- Fear of meat.**  
**Catagelophobia- Fear of being ridiculed.**  
**Catapadaphobia- Fear of jumping from high and low places.**  
**Cathisophobia- Fear of sitting.**  
**Catoptrophobia- Fear of mirrors.**  
**Cenophobia or Centophobia- Fear of new things or ideas.**  
**Ceraunophobia or Keraunophobia- Fear of thunder and lightning.(Astraphobia, Astrapophobia)**  
**Chaetophobia- Fear of hair.**  
**Cheimaphobia or Cheimatophobia- Fear of cold.(Frigophobia, Psychophobia)**  
**Chemophobia- Fear of chemicals or working with chemicals.**  
**Cherophobia- Fear of gaiety.**  
**Chionophobia- Fear of snow.**  
**Chiraptophobia- Fear of being touched.**  
**Chiophobia- Fear of hands.**  
**Chiroptophobia- Fear of bats.**  
**Cholerophobia- Fear of anger or the fear of cholera.**  
**Chorophobia- Fear of dancing.**  
**Chrometophobia or Chrematophobia- Fear of money.**  
**Chromophobia or Chromatophobia- Fear of colors.**  
**Chronophobia- Fear of time.**  
**Chronomentrophobia- Fear of clocks.**  
**Cibophobia- Fear of food.(Sitophobia, Sitiophobia)**  
**Claustrophobia- Fear of confined spaces.**  
**Cleithrophobia or Cleisiophobia- Fear of being locked in an enclosed place.**  
**Cleptophobia- Fear of stealing.**  
**Climacophobia- Fear of stairs, climbing, or of falling downstairs.**  
**Clinophobia- Fear of going to bed.**  
**Clithrophobia or Cleithrophobia- Fear of being enclosed.**  
**Cnidophobia- Fear of stings.**  
**Cometophobia- Fear of comets.**  
**Coimetrophobia- Fear of cemeteries.**  
**Coitophobia- Fear of coitus.**  
**Contreltophobia- Fear of sexual abuse.**  
**Coprastasophobia- Fear of constipation.**  
**Coprophia- Fear of feces.**  
**Consecotaleophobia- Fear of chopsticks.**  
**Coulrophobia- Fear of clowns.**

**Counterphobia-** The preference by a phobic for fearful situations.  
**Cremonophobia-** Fear of precipices.  
**Cryophobia-** Fear of extreme cold, ice or frost.  
**Crystallophobia-** Fear of crystals or glass.  
**Cyberphobia-** Fear of computers or working on a computer.  
**Cyclophobia-** Fear of bicycles.  
**Cymophobia or Kymophobia-** Fear of waves or wave like motions.  
**Cynophobia-** Fear of dogs or rabies.  
**Cypridophobia or Cypriphobia or Cyprianophobia or Cyprinophobia -** Fear of prostitutes or venereal disease.

#### D-

**Decidophobia-** Fear of making decisions.  
**Defecaloesiophobia-** Fear of painful bowels movements.  
**Deipnophobia-** Fear of dining or dinner conversations.  
**Dementophobia-** Fear of insanity.  
**Demonophobia or Daemonophobia-** Fear of demons.  
**Demophobia-** Fear of crowds. (Agoraphobia)  
**Dendrophobia-** Fear of trees.  
**Dentophobia-** Fear of dentists.  
**Dermatophobia-** Fear of skin lesions.  
**Dermatosiophobia or Dermatophobia or Dermatopathophobia-** Fear of skin disease.  
**Dextrophobia-** Fear of objects at the right side of the body.  
**Diabetophobia-** Fear of diabetes.  
**Didaskaleinophobia-** Fear of going to school.  
**Dikephobia-** Fear of justice.  
**Dinophobia-** Fear of dizziness or whirlpools.  
**Diplophobia-** Fear of double vision.  
**Dipsophobia-** Fear of drinking.  
**Dishabiliophobia-** Fear of undressing in front of someone.  
**Domatophobia-** Fear of houses or being in a house.(Eicophobia, Oikophobia)  
**Doraphobia-** Fear of fur or skins of animals.  
**Doxophobia-** Fear of expressing opinions or of receiving praise.  
**Dromophobia-** Fear of crossing streets.  
**Dutchphobia-** Fear of the Dutch.  
**Dysmorphophobia-** Fear of deformity.  
**Dystychiphobia-** Fear of accidents.

#### E-

**Ecclesiophobia-** Fear of church.  
**Ecophobia-** Fear of home.  
**Eicophobia-** Fear of home surroundings.(Domatophobia, Oikophobia)  
**Eisoptrophobia-** Fear of mirrors or of seeing oneself in a mirror.  
**Electrophobia-** Fear of electricity.  
**Eleutherophobia-** Fear of freedom.  
**Elurophobia-** Fear of cats. (Ailurophobia)  
**Emetophobia-** Fear of vomiting.

**Enetophobia-** Fear of pins.  
**Enochlophobia-** Fear of crowds.  
**Enosiophobia or Enissophobia-** Fear of having committed an unpardonable sin or of criticism.  
**Entomophobia-** Fear of insects.  
**Eosophobia-** Fear of dawn or daylight.  
**Ephibiphobia-** Fear of teenagers.  
**Epistaxiophobia-** Fear of nosebleeds.  
**Epistemophobia-** Fear of knowledge.  
**Equinophobia-** Fear of horses.  
**Eremophobia-** Fear of being oneself or of loneliness.  
**Ereuthophobia-** Fear of blushing.  
**Ergasiophobia-** 1) Fear of work or functioning. 2) Surgeon's fear of operating.  
**Ergophobia-** Fear of work.  
**Erotophobia-** Fear of sexual love or sexual questions.  
**Euphobia-** Fear of hearing good news.  
**Eurotophobia-** Fear of female genitalia.  
**Erythrophobia or Erytophobia or Ereuthophobia-** 1) Fear of redlights. 2) Blushing. 3) Red.

**F-**

**Febriphobia or Fibriphobia or Fibriophobia-** Fear of fever.  
**Felinophobia-** Fear of cats. (Ailurophobia, Elurophobia, Galeophobia, Gatophobia)  
**Francophobia-** Fear of France or French culture. (Galophobia, Galiophobia)  
**Frigophobia-** Fear of cold or cold things.(Cheimaphobia, Cheimatophobia, Psychrophobia)

**G-**

**Galeophobia or Gatophobia-** Fear of cats.  
**Galophobia or Galiophobia-** Fear France or French culture. (Francophobia)  
**Gamophobia-** Fear of marriage.  
**Geliophobia-** Fear of laughter.  
**Gelotophobia-** Fear of being laughed at.  
**Geniophobia-** Fear of chins.  
**Genophobia-** Fear of sex.  
**Genuphobia-** Fear of knees.  
**Gephyrophobia or Gephydrophobia or Gephysrophobia-** Fear of crossing bridges.  
**Germanophobia-** Fear of Germany or German culture.  
**Gerascophobia-** Fear of growing old.  
**Gerontophobia-** Fear of old people or of growing old.  
**Geumaphobia or Geumophobia-** Fear of taste.  
**Glossophobia-** Fear of speaking in public or of trying to speak.  
**Gnosiophobia-** Fear of knowledge.  
**Graphophobia-** Fear of writing or handwriting.  
**Gymnophobia-** Fear of nudity.  
**Gynophobia or Gynophobia-** Fear of women.

**H-**

**Hadephobia-** Fear of hell.  
**Hagiophobia-** Fear of saints or holy things.  
**Hamartophobia-** Fear of sinning.  
**Haphephobia or Haptophobia-** Fear of being touched.  
**Harpaxophobia-** Fear of being robbed.  
**Hedonophobia-** Fear of feeling pleasure.  
**Heliophobia-** Fear of the sun.  
**Hellenologophobia-** Fear of Greek terms or complex scientific terminology.  
**Helminthophobia-** Fear of being infested with worms.  
**Hemophobia or Hemaphobia or Hematophobia-** Fear of blood.  
**Heresyphobia or Hereiophobia-** Fear of challenges to official doctrine or of radical deviation.  
**Herpetophobia-** Fear of reptiles or creepy, crawly things.  
**Heterophobia-** Fear of the opposite sex. (Sexophobia)  
**Hexakosioihexekontahexaphobia-** Fear of the number 666.  
**Hierophobia-** Fear of priests or sacred things.  
**Hippophobia-** Fear of horses.  
**Hippopotomonstrosesquipedaliophobia-** Fear of long words.  
**Hobophobia-** Fear of bums or beggars.  
**Hodophobia-** Fear of road travel.  
**Hormephobia-** Fear of shock.  
**Homichlophobia-** Fear of fog.  
**Homilophobia-** Fear of sermons.  
**Hominophobia-** Fear of men.  
**Homophobia-** Fear of sameness, monotony or of homosexuality or of becoming homosexual.  
**Hoplophobia-** Fear of firearms.  
**Hydrargyrophobia-** Fear of mercurial medicines.  
**Hydrophobia-** Fear of water or of rabies.  
**Hydrophobophobia-** Fear of rabies.  
**Hyelophobia or Hyalophobia-** Fear of glass.  
**Hygrophobia-** Fear of liquids, dampness, or moisture.  
**Hylephobia-** Fear of materialism or the fear of epilepsy.  
**Hylophobia-** Fear of forests.  
**Hypenogyophobia or Hypegiaphobia-** Fear of responsibility.  
**Hypnophobia-** Fear of sleep or of being hypnotized.  
**Hypsiphobia-** Fear of height.

**I-****J-**

**Japanophobia-** Fear of Japanese.  
**Judeophobia-** Fear of Jews.

**K-**

**Kainolophobia or Kainophobia-** Fear of anything new, novelty.  
**Kakorrhaphiophobia-** Fear of failure or defeat.

**Katagelophobia-** Fear of ridicule.  
**Kathisophobia-** Fear of sitting down.  
**Kenophobia-** Fear of voids or empty spaces.  
**Keraunophobia or Ceraunophobia-** Fear of thunder and lightning. (Astraphobia, Astrapophobia)  
**Kinetophobia or Kinesophobia-** Fear of movement or motion.  
**Kleptophobia-** Fear of stealing.  
**Koinoniphobia-** Fear of rooms.  
**Kolpophobia-** Fear of genitals, particularly female.  
**Kopophobia-** Fear of fatigue.  
**Koniophobia-** Fear of dust. (Amathophobia)  
**Kosmikophobia-** Fear of cosmic phenomenon.  
**Kymophobia-** Fear of waves. (Cymophobia)  
**Kynophobia-** Fear of rabies.  
**Kyphophobia-** Fear of stooping.

**L-**

**Lachanophobia-** Fear of vegetables.  
**Laliophobia or Lalophobia-** Fear of speaking.  
**Leprophobia or Lepraphobia-** Fear of leprosy.  
**Leukophobia-** Fear of the color white.  
**Levophobia-** Fear of things to the left side of the body.  
**Ligyrophobia-** Fear of loud noises.  
**Lilapsophobia-** Fear of tornadoes and hurricanes.  
**Limnophobia-** Fear of lakes.  
**Linonophobia-** Fear of string.  
**Liticaphobia-** Fear of lawsuits.  
**Lockiophobia-** Fear of childbirth.  
**Logizomechanophobia-** Fear of computers.  
**Logophobia-** Fear of words.  
**Luiphobia-** Fear of lues, syphilis.  
**Lutrathobia-** Fear of otters.  
**Lygophobia-** Fear of darkness.  
**Lyssophobia-** Fear of rabies or of becoming mad.

**M-**

**N-**

**Nebulaphobia-** Fear of fog. (Homichlophobia)  
**Necrophobia-** Fear of death or dead things.  
**Nelophobia-** Fear of glass.  
**Neopharmaphobia-** Fear of new drugs.  
**Neophobia-** Fear of anything new.  
**Nephophobia-** Fear of clouds.  
**Noctiphobia-** Fear of the night.  
**Nomatophobia-** Fear of names.  
**Nosocomephobia-** Fear of hospitals.  
**Nosophobia or Nosemaphobia-** Fear of becoming ill.

**Nostophobia-** Fear of returning home.  
**Novercaphobia-** Fear of your step-mother.  
**Nucleomituphobia-** Fear of nuclear weapons.  
**Nudophobia-** Fear of nudity.  
**Numerophobia-** Fear of numbers.  
**Nyctohylophobia-** Fear of dark wooded areas or of forests at night  
**Nyctophobia-** Fear of the dark or of night.

**O-**

**Obesophobia-** Fear of gaining weight.(Pocrescophobia)  
**Ochlophobia-** Fear of crowds or mobs.  
**Ochophobia-** Fear of vehicles.  
**Octophobia** - Fear of the figure 8.  
**Odontophobia-** Fear of teeth or dental surgery.  
**Odynophobia or Odynephobia-** Fear of pain. (Algophobia)  
**Oenophobia-** Fear of wines.  
**Oikophobia-** Fear of home surroundings, house.(Domatophobia, Eicophobia)  
**Olfactophobia-** Fear of smells.  
**Ombrophobia-** Fear of rain or of being rained on.  
**Ommetaphobia or Ommatophobia-** Fear of eyes.  
**Omphalophobia-** Fear of belly buttons.  
**Oneirophobia-** Fear of dreams.  
**Oneirogmophobia-** Fear of wet dreams.  
**Onomatophobia-** Fear of hearing a certain word or of names.  
**Ophidiophobia-** Fear of snakes. (Snakephobia)  
**Ophthalmophobia-** Fear of being stared at.  
**Opiophobia-** Fear medical doctors experience of prescribing needed pain medications for patients.  
**Optophobia-** Fear of opening one's eyes.  
**Ornithophobia-** Fear of birds.  
**Orthophobia-** Fear of property.  
**Osmophobia or Osphresiophobia-** Fear of smells or odors.  
**Ostracnophobia-** Fear of shellfish.  
**Ouranophobia or Uranophobia-** Fear of heaven.

**P-**

**Q-**

**R-**

**Radiophobia-** Fear of radiation, x-rays.  
**Ranidaphobia-** Fear of frogs.  
**Rectophobia-** Fear of rectum or rectal diseases.  
**Rhabdophobia-** Fear of being severely punished or beaten by a rod, or of being severely criticized. Also fear of magic.(wand)  
**Rhyppophobia-** Fear of defecation.  
**Rhytiphobia-** Fear of getting wrinkles.

**Rupophobia-** Fear of dirt.  
**Russophobia-** Fear of Russians.

**S-**

**Samhainophobia:** Fear of Halloween.  
**Sarmassophobia-** Fear of love play. (Malaxophobia)  
**Satanophobia-** Fear of Satan.  
**Scabiophobia-** Fear of scabies.  
**Scatophobia-** Fear of fecal matter.  
**Scelerophobia-** Fear of bad men, burglars.  
**Sciophobia** **Sciaphobia-** Fear of shadows.  
**Scoleciphobia-** Fear of worms.  
**Scolionophobia-** Fear of school.  
**Scopophobia** or **Scoptophobia-** Fear of being seen or stared at.  
**Scotomaphobia-** Fear of blindness in visual field.  
**Scotophobia-** Fear of darkness. (Achluophobia)  
**Scriptophobia-** Fear of writing in public.  
**Selachophobia-** Fear of sharks.  
**Selaphobia-** Fear of light flashes.  
**Selenophobia-** Fear of the moon.  
**Seplophobia-** Fear of decaying matter.  
**Sesquipedalophobia-** Fear of long words.  
**Sexophobia-** Fear of the opposite sex. (Heterophobia)  
**Siderodromophobia-** Fear of trains, railroads or train travel.  
**Siderophobia-** Fear of stars.  
**Sinistrophobia-** Fear of things to the left or left-handed.  
**Sinophobia-** Fear of Chinese, Chinese culture.  
**Sitophobia** or **Sitiophobia-** Fear of food or eating. (Cibophobia)  
**Snakephobia-** Fear of snakes. (Ophidiophobia)  
**Soceraphobia-** Fear of parents-in-law.  
**Social Phobia-** Fear of being evaluated negatively in social situations.  
**Sociophobia-** Fear of society or people in general.  
**Somniphobia-** Fear of sleep.  
**Sophophobia-** Fear of learning.  
**Soteriophobia** - Fear of dependence on others.  
**Spacephobia-** Fear of outer space.  
**Spectrophobia-** Fear of specters or ghosts.  
**Spermatophobia** or **Spermophobia-** Fear of germs.  
**Spheksophobia-** Fear of wasps.  
**Stasibasiphobia** or **Stasiphobia-** Fear of standing or walking. (Ambulophobia)  
**Staurophobia-** Fear of crosses or the crucifix.  
**Stenophobia-** Fear of narrow things or places.  
**Stygiophobia** or **Stigiophobia-** Fear of hell.  
**Suriphobia-** Fear of mice.  
**Symbolophobia-** Fear of symbolism.  
**Symmetrophobia-** Fear of symmetry.  
**Syngenesophobia-** Fear of relatives.  
**Syphilophobia-** Fear of syphilis.

**T-**

**U-**

**Uranophobia or Ouranophobia- Fear of heaven.**

**Urophobia- Fear of urine or urinating.**

**V-**

**Vaccinophobia- Fear of vaccination.**

**Venustraphobia- Fear of beautiful women.**

**Verbophobia- Fear of words.**

**Verminophobia- Fear of germs.**

**Vestiphobia- Fear of clothing.**

**Virginitiphobia- Fear of rape.**

**Vitricophobia- Fear of step-father.**

**W-**

**Walloonophobia- Fear of the Walloons.**

**Wiccaphobia: Fear of witches and witchcraft.**

**X-**

**Xanthophobia- Fear of the color yellow or the word yellow.**

**Xenoglossophobia- Fear of foreign languages.**

**Xenophobia- Fear of strangers or foreigners.**

**Xerophobia- Fear of dryness.**

**Xylophobia- 1) Fear of wooden objects. 2) Forests.**

**Xyrophobia- Fear of razors.**

**Y-**

**Z-**

**Zelophobia- Fear of jealousy.**

**Zeusophobia- Fear of God or gods.**

**Zemmiphobia- Fear of the great mole rat.**

**Zoophobia- Fear of animals.**