

## Bearing One Another's Burdens

### 1. Introduction:

- F. Principles that were taught early in the Church Age will be neglected and almost forgotten. Gal 6:1-5

#### Gal 6:1 = Restoring One Who Has Abused Freedom.

C.T. = Brethren, even if a man (ANTHRWPOS) is caught (EAN + PROLAMBANW) in any trespass (EN + TIS + PARAPTWMA), you who are spiritual (PNEUMATIKOS), restore (KATARTIDZW) such a one in a spirit of selflessness (PRAUT8S); each one looking (SKOPEW) to yourself, lest you too may be tempted (PEIRADZW).

#### Gal 6:2 = A Principle of "Law."

C.T./L.T. = Bear one another's burdens and thus you shall fulfill the law of the Christ.

### Summary:

1. The weight that others carry can include physical, financial, emotional or spiritual, but primarily here we are looking at a spiritual problem.
2. To help bear someone else's burdens requires a personal involvement with them.
3. It may involve suffering in their place. Matt 8:17; Rom 15:1
4. To help others with spiritual problems we need to learn to evaluate what are proper goals.
5. The highest goals in life for any individual are to fulfill the Two Greatest Commandments. Mark 12:29-31
  - A. Goals are often established in life seeking to gain \_\_\_\_\_ or \_\_\_\_\_, two things that Adam lost at the Fall. Gen 2-3
  - B. If something is truly a goal, then there is automatically a \_\_\_\_\_ to reach the Goal. (Adam wanted to cover up his nakedness.)
  - C. The Motivation leads to a \_\_\_\_\_ of how to reach the Goal with the correct \_\_\_\_\_ being required. (Adam decided that an apron of fig leaves would be the best way to cover his nakedness.)
  - D. Human Goals that are reached only lead to a \_\_\_\_\_ happiness, then emptiness sets in and Goals are reset seeking to again achieve Significance or Security. (Adam was pleased with himself for developing a solution to cover his problems.)
  - E. \_\_\_\_\_ Goals lead to Anger, Guilt, Anxiety, or a combination of the three.  
That God-given woman who was once the best thing in his life, was the problem. He blamed God as well for his mistake and experienced anxiety (fear) when exposed.
  - F. As Believers we already \_\_\_\_\_ all the Significance and Security that we need for eternity.

6. We also need to understand our Fallen Structure and how it thinks and works.
  - A. The Fallen Structure inherently \_\_\_\_\_ God, which defines our Attitude about Him. This is our Deepest Story and is Self-Serving. Matt 14:31; Jas 1:6; Jude 1:22
  - B. Doubting God has problems in that it leads to inconsistencies realizing it Needs \_\_\_\_\_, but they can't fully satisfy so there is a Hate of Others that develops and eventually a Self-Hate emerges. Survival then becomes the issue and a Methodology develops to carry that out. (See Goals chart)
  - C. A person's Attitude About God with the realization that other people cannot satisfy leads to searching for an \_\_\_\_\_ Against Pain, which sadly is how people often Approach Relationships.
  - D. When the Deepest Story of our life is Doubting God, it reveals our \_\_\_\_\_ Story and the personal Methodology developed to cope is what becomes our \_\_\_\_\_ Story, or how we function in life to Survive.
  - E. Those who Doubt God are \_\_\_\_\_, thus becoming \_\_\_\_\_ and \_\_\_\_\_.
7. We also need to understand our Godly Structure that is at war with our Fallen Structure.
  - A. The Godly Structure starts with \_\_\_\_\_ in God, which should lead to Quietness, Trust, and Worship.
  - B. Instead of Needing Others to satisfy our cravings, we are free to Love Them and develop a Freedom from \_\_\_\_\_ on what others do or think. John 13:34-35
  - C. Instead of Hating Others for not supplying all our needs, we learn to Accept Others which leads to \_\_\_\_\_ in Relationships. Rom 15:7
  - D. Instead of Self-Hate, we Judge Ourselves, leading to Repentance and \_\_\_\_\_ in Christ. 2 Cor 13:5
  - E. Instead of an attitude of Survival, we develop an attitude of Obedience toward God. This leads to Humble \_\_\_\_\_ and Joy. John 14:15,22,23
  - F. Instead of developing a Methodology for Survival, we develop an attitude of \_\_\_\_\_ that is Wise and Others Centered. Php 2:3-8
8. There is quite a distinction between the Fallen and Godly Structures.
  - A. Instead of an attitude of Self-Service we have an attitude of \_\_\_\_\_.
  - B. Instead of seeking an Antidote Against Pain for the purpose of Self-Protection we are able to \_\_\_\_\_ in Christ. 2 Pet 3:18
  - C. Instead of approaching others with Self-Centered personality traits, we can become \_\_\_\_\_ people.
9. "Bearing our Burdens" is exactly what Christ did for us on the cross, so how could someone be conformed to His image and not be willing to help others? Eph 5:1; 1 Cor 11:1