

## Bearing One Another's Burdens

1. Introduction: Gal 6:1-5
2. The Role of the individual in the process of restoration. Jas 4:1-10
3. People Are Emotional Beings: How Did Jesus Handle His Emotions?
4. What Triggers Our Emotions?
5. The Usefulness of Emotions: What Can We Learn from Them?
6. Handling Our Emotions: What Are We to Do with Them?
7. How Then Shall We Live?
  - A. We find God to the degree that we want to find Him. Jas 4:8; Acts 17:27; Heb 11:6
  - B. One of our main problems is not that we are too passionate about bad things, but that we are not passionate enough about good things. Rom 12:21; Gal 6:8-10
  - C. The Fallen Structure within us has dulled our "appetite" for what is really good. 1 Tim 4:1-5
  - D. Our desire to know God is usually in a distant \_\_\_\_\_ place to our desire for solutions to life's problems.
  - E. When our strongest passion is to solve our problems, we look for a plan to follow rather than a \_\_\_\_\_ to trust. Prov 16:1-9; 19:21
  - F. God gives us Biblical principles not so that we can arrange our lives according to our \_\_\_\_\_, but so that we can know how God wants us to live. What then happens in our lives when we live as He directs is up to Him. 1 Cor 12:6
  - G. Only when we lose hope in formulas that guarantee success will we develop true hope in a God who can be \_\_\_\_\_ when life makes no sense. Job 38-41
  - H. We can approach life in two ways:
    - 1). Live with a \_\_\_\_\_ in an orderly world and try to manage things ourselves, or
    - 2). Face life's tragedy and chaos and develop confidence in someone bigger than the chaos, whose \_\_\_\_\_ overwhelms tragedy and who cares about us. 1 Pet 5:6-7
  - I. Trust and pursuit of an orderly world dies hard. We are terrified of being \_\_\_\_\_. We demand control over those things that matter most. We attack those things that affect this control. Prov 3:5-6

- J.** When life goes as we desire, it is nearly impossible to resist a subtle form of \_\_\_\_\_ that claims "There's order to life, I have found it and followed it. I praise God that I am not like others who simply won't live as they should." Luke 18:9-14
- K.** Shattered dreams provide great \_\_\_\_\_ for us to get to know God better. Book of Job
- L.** Our primary purpose is not to use God to solve problems but to move \_\_\_\_\_ the problems toward having a closer relationship with Him. Psa 119:2; Php 3:10; 2 Cor 12:9-10
- M.** God is ashamed to be known as the God of people who devote their energies to building a satisfying life in this \_\_\_\_\_. He is not ashamed to be called the God of people who enjoy legitimate pleasures now but look forward to a better home. Heb 11:13-16
- N.** To really live, one's \_\_\_\_\_ for God must be recovered. Acts 3:18-21; 2 Tim 1:6-9
- O.** We need to find a direction to take that will \_\_\_\_\_ the bad passions that too often rule us and release the good passions lying \_\_\_\_\_ within us. We must be careful not to try and reduce this to a guaranteed formula of action. Acts 26:20; Gal 5:19-22